



# Frozen Snow Peas

## Specifications :

Price	Contact us
Place of Origin	China
Min.Order Quantity	100
Payment Terms	T/T,L/C,D/P
Supply Ability	10000
Delivery Detail	3days-7days

## Detail Introduction :

<b>Calories</b>	<b>40</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0	<b>0%</b>
<b>Sodium</b> 0	<b>0%</b>
<b>Total Carbohydrate</b> 7g	<b>3%</b>
Dietary Fiber 2g	<b>7%</b>
Sugars 3g	
Includes Added Sugars 0g	
<b>Protein</b> 2g	
Vitamin A	4%
Vitamin C	15%
Calcium 40.00mg	4%
Potassium 170	4%
Iron 0.70mg	4%
Vitamin D 0.00mcg	0%

Are snow peas the same as frozen peas?

Snow and sugar snap peas can easily be interchanged in many recipes and dishes, as their flavors are quite similar. Snow peas are a slightly tender — yet crisp — sweet pea. Sugar snap peas are also tender yet crisp but tend to have a sweeter flavor profile, as they're crossed with the garden pea.

What is the best way to store snow peas?

To maximize the shelf life of fresh snow peas, refrigerate in plastic bag and do not wash until ready to use. How long do fresh snow peas last in the fridge? Properly stored, fresh snow peas will typically last for 3 to 4 days in the refrigerator.